Option Explicit

Public Sub main()

Application.ScreenUpdating = False

Cells.Select

With Selection.Font

.Name = "Calibri"

.Size = 8

.Strikethrough = False

.Superscript = False

.Subscript = False

.OutlineFont = False

.Shadow = False

.Underline = xlUnderlineStyleNone

.ThemeColor = xlThemeColorLight1

.TintAndShade = 0

.ThemeFont = xlThemeFontNone

End With

With Selection

.HorizontalAlignment = xlCenter

.VerticalAlignment = xlCenter

End With

If Range("B1").Formula = "" Then

' Assume there's a sheet header

Rows("3:3").Select

ActiveWindow.FreezePanes = True

Dim sheet\_header As String

sheet\_header = Range("A1")

Range("A1").Clear

Cells.EntireColumn.AutoFit 'do this heere

Rows("1:2").Select

Selection.Font.Bold = True

Range("A1") = sheet\_header

Range("A1").HorizontalAlignment = xlLeft

Else

' Assume there are only column headers

Rows("2:2").Select

ActiveWindow.FreezePanes = True

Cells.EntireColumn.AutoFit

Rows("1:1").Select

Selection.Font.Bold = True

End If

Cells.EntireRow.AutoFit

Dim i As Integer

For i = 1 To 255 Step 1

Cells(1, i).Select

ActiveCell.EntireColumn.Select

If Selection.ColumnWidth > 30 Then

Selection.ColumnWidth = 30

Selection.EntireColumn.WrapText = True

End If

Next i

Application.ScreenUpdating = True

Range("A2").Select

End Sub